

Sick & Shut In

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FIRST SEVENTH-DAY ADVENTIST CHURCH OF WHITE PLAINS



THE FIRST THING WE ARE TO DO IS TO GIVE OURSELVES TO THE LORD. LIFE, WITH ITS ENDOWMENTS AND PRIVILEGES, IS GOD'S GIFT. LET US REMEMBER THAT IT COMES FROM GOD, AND IS TO BE WHOLLY CONSECRATED TO HIM. LET US SAY WITH PAUL, "I COUNT ALL THINGS BUT LOSS FOR THE EXCELLENCY OF THE KNOWLEDGE OF CHRIST JESUS MY LORD; FOR WHOM I HAVE SUFFERED THE LOSS OF ALL THINGS, AND DO COUNT THEM BUT DUNG, THAT I MAY WIN CHRIST, AND BE FOUND IN HIM, NOT HAVING MINE OWN RIGHTEOUSNESS, WHICH IS OF THE LAW, BUT THAT WHICH IS THROUGH THE FAITH OF CHRIST, THE RIGHTEOUSNESS WHICH IS OF GOD BY FAITH." **EGW**

Jan 13, 2018

180 Juniper Hill Road
White Plains, NY 10607
Kyran Leo John. Pastor
<http://Firstwhiteplains.org>
914 949 6816

Health Professional On Duty: Dr. J. Bookhardt-Murray

**PLEASE SEND BULLETIN TWO WEEKS IN ADVANCE TO
media@firstwhiteplains.org**

Welcome to our Church! We are so delighted that you have chosen to worship with us today. We hope that you will be blessed, refreshed, and revived by your *FIRST Experience*. Have a wonderful Sabbath!

SABBATH SCHOOL EXPERIENCE

9:15 A.M.

Theme: "I See, I Want, I Take"

Coordinator: Sis Madge Jacobs

Praise and Worship	Choristers
Opening Remark	Sis Madge Jacobs
Opening Hymn.....#516- "All the Way"	Congregation
Scripture Reading..... Matthew 13:3-7; 22	Sis. Georgia Alvaranga
Prayer.....	Sis. Sandy Williams
Mission Story.....	Bro. A. Alvaranga
Lesson.....	Teachers
Welcome.....	Sis. Lorna Birchum
Special Music.....	Bro. & Sis. Jackson
Closing Remarks.....	Sis. Madge Jacobs

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10: 30 - 10: 50 AM PERSONAL MINISTRIES
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FCWP Bulletin

The church bulletin is available online from every Thursday. It is also available in your inbox if you registered your email address with the Communications Dept. If you have not done so, please go to the website and fill out the information on the contact page.

<http://www.firstwhiteplains.org/contact-Us.html>

The bulletin is also available on the Church's mobile App.

To contact Elders or Ministry Leaders please visit

<http://www.firstwhiteplains.org/contact-Us.html>

The Family Life Ministry weekly prayers for our families.
 This Sabbath we will be praying for Elder Dalbert Watson and family

CELEBRATIONS (JAN. 07 - JAN. 10, 2018)

BIRTHDAYS:

- ❖ Jan 07 - Jordon Mamdeen
- Jan. 08 - Pearline Evering, Stacy Ann Patterson, Nancy Rumbo, Noree Hill
- Jan. 10 - Lucretia Elibox , Jossette Juniis Harris

WEDDING ANNIVERSARIES:

- ❖ None

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STEWARDSHIP CORNER

Monthly Budget: \$23,308.33

Takes care of light, heat, sabbath lunch, janitorial services, Departmental expenditures, insurances. only to name a few.

STORY: PRAYER THAT YOUR INCOME WILL EQUAL WHAT YOU'RE WILLING TO TITHE:

Leighton Farrell was the minister of Highland Park Church in Dallas for many years. He tells of a man in the church who once made a covenant with a former pastor to tithe ten percent of their income every year. They were both young and neither of them had much money. But things changed. The layman tithed one thousand dollars the year he earned ten thousand, ten thousand dollars the year he earned one-hundred thousand, and one- hundred thousand dollars the year he earned one million. But the year he earned six million dollars he just could not bring himself to write out that check for six-hundred thousand dollars to the Church. He telephoned the minister, long since having moved to another church, and asked to see him. Walking into the pastor's office the man begged to be let out of the covenant, saying, "This tithing business has to stop. It was fine when my tithe was one thousand dollars, but I just cannot afford six-hundred thousand dollars. You've got to do something, Reverend!" The pastor knelt on the floor and prayed silently for a long time. Eventually the man said, "What are you doing? Are you praying that God will let me out of the covenant to tithe?" "No," said the minister. "I am praying for God to reduce your income back to the level where one thousand dollars will be your tithe!".



adapted by Brian Kluth

Problems

The problem ahead of us is never as great as the Power behind us.

Food distribution to the homeless shelter (youth initiative) is scheduled for Saturday 1/20/18

ANNOUNCEMENTS

- ❖ **Today:**
 - ✓ **Clerk on Duty:** Sis. Felicia Ennis
 - ✓ **4:00 pm** – Sanctuary Rehearsal
 - ✓ **4:00 pm: AYM** Elder Yohance Perry
 - ✓ Health Ministries meeting today right after service in the Cradle Roll/Adventurer's Room
 - ✓ **Health and Wellness** Fitness Program tonight at [6pm](#) in the Kindergarten Room. Please bring \$2
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- Youth worship** at First SDA Of White Plains is scheduled for Friday 1/19/18, at 6:30 pm
- ❖ **Food Distribution-** Mondays and Wednesdays 11:00 am –2:00 pm.
 - ❖ **Prayer Meeting** Wednesdays 7:30–8:30 pm. All are invited.
 - ❖ **Women's Ministries:**
Prayer Hour: Wednesday at 6:00 a.m. Dial 641-715-3286 Pin: 547474#
 - ❖ All are invited to the Women's discussion of the book Patriarchs and Prophets every Tuesday night at 8:00 pm
 - ❖ **Bible Study:** Thursdays @ 6:pm Elder Howson

Books

- ❖ **2018 Devotional Books:** See Sister Stephena Mitchell.

Board of Elders: Dalbert Watson, *First Elder* (914-649-6338)
 Fitzroy Harris (914-621-6322)
 Newton Howson (914-588-6157)
 Lanslott Peart (917-319-1581)
 Yohance Perry (914-803-2402)
 Malcolm Phillips (914-227-0180)
 Donald Webb (914-758-3142)
 Arlene Williamson (914-548-5292)

Head Deacon: Clinton Boxhill (914-815-1428)

Head Deaconess: Delores Clarke (914 448-9225)

Head Clerk: Felicia Ennis (clerk@firstwhiteplains.org)

Communications Bro. Glen (media@firstwhiteplains.org)

Your Pillows



You change your pillowcase on the regular, but can you remember the last time you cleaned your actual pillow? Well, you *should* be doing it every three months to get rid of dust mites, skin cells and body oil (gag!). The process is painless and you'll wonder why you waited so

long. Just pop them in the washing machine and then in the dryer on low heat. Sweet dreams!

DIVINE SERVICE

10:55 A.M.

WE UNITE TO WORSHIP

Announcements** Sis. Felicia Ennis
 Prelude* Congregation

"Praise Him, Praise Him"

Call to Worship..... Elder Yohance Perry
 Invocation* Elder Fitzroy Harris
 Response* Congregation

"Alpha and Omega"

Welcome** Monique Daniels

Pastoral Remarks** Elder Dalbert Watson
Greetings/Birthdays/Anniversaries

WE PARTICIPATE IN HIS SERVICE

Hymn of Praise..... Elder Dalbert Watson
 # 253 - *"There is No Other Name"*

Scripture Reading* Elder Donald Webb
 Matthew 20:29-34

Praise & Worship..... Praise Team

Intercessory Prayer† Sister Sandy Williams

WE RETURN HIS OWN

Special Music..... Sister Janice Scott

Tithes & Offerings..... Elder Newton Howson

Gifts of Love** Elder Newton Howson

WE EXPLORE HIS WORD

Children's Chapel..... Children's Story Telling Dept.

Song of Meditation..... Sister Janice Scott

Sermon..... Elder Fitzroy Harris

TOPIC: "Jesus Can Flip The Script"

WE DEPART TO SERVE

Closing Hymn* Elder Lanslott Peart
 # 474 - *"Take The Name of Jesus With You"*

Benediction* Elder Lanslott Peart

Postlude..... "Praise God From Whom All Blessings Flow"

* Please stand, if possible ** You may enter/ exit the Sanctuary † Please kneel, if possible

What's In Your Bread, Donut and Pizza ?

L-cysteine is an amino acid added to bread, donuts, rolls, even burritos as a dough conditioner. It is made from dissolved human hair (mostly from China) or the hair of pigs or duck feathers. This is a non-essential amino acid and can be found in high protein foods such as chicken, turkey, **broccoli**, milk and eggs. Cysteine can be found in some plant sources for vegetarians and vegans. Cysteine is found in granola and oat flakes. Vegetables like broccoli, red pepper and onion are significant sources of cysteine. Other plant sources include bananas, garlic, soy beans, linseed and wheat germ. Cysteine and methionine are important amino acids, but deficiency is relatively rare.

Most of the hair used to make L-cysteine is gathered from the floors of barbershops and hair salons in China, by the way.

Missing Out?

Hannah saw her father every day—at least technically. That is, she passed him in the hallway and briefly said hello. Or sometimes she'd slip into his office and ask him to help her...or complain about her day. Yet while she saw him regularly, she strangely missed him.

When she paused long enough in her busy day, she could remember back to the sweet times she used to have with her father. How they'd sit and talk for hours. You know—really talked. Not a few quick words while racing off to an event, but focused, deep, daddy-daughter time. What had happened? It was a question Hannah began asking herself. She knew her father hadn't changed—he was still there, available to talk with, arms open wide. No, the problem wasn't his—it was hers. She'd had her mind so occupied in a thousand different directions that she'd failed to quiet her thoughts long enough to really spend time with her father. She'd been missing out.

"Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth." Psalm 46:10 (KJV)



Food-Safety Mistakes You Don't Know You're Making

You grab lettuce and tomatoes from the refrigerator and rinse them in running water. But if you haven't first thoroughly washed your hands, you'll just transfer bacteria onto the produce, dashing your good

intentions. **SOLUTION:** Wash your hands with soap and warm, running

water for 20 seconds before preparing or eating food (you can time it by singing "Happy Birthday" twice). Make sure to get your wrists, the back of your hands, between your fingers and under your fingernails too. "Hand-washing may be the single most important step to preventing food poisoning," advises Marisa Moore, RDN. In fact, the Centers for Disease Control and Prevention calls hand-washing a "do-it-yourself vaccine" because it has such a big impact on your health.

Bible Translation: How to Choose One and Why it Matters (by Josiah Batten)

The subject of Bible translation, like many theological and ministerial issues, is contentious. Many people are only familiar with those who advocate the King James Version alone versus the New International Version. However, the issue is not that simple. There are people who support the KJV but who are most definitely not KJV only. Aside from that, the NIV is certainly NOT the only alternative to the KJV. Today there is the NKJV, ESV, HCSB, NASB, NLT, and dozens of other alternatives.

Given the great diversity among Bible translations, many people have given themselves over to agnosticism. It is simply impossible to decide on one translation over another, and as a result people choose almost exclusively on personal preference. This is unfortunate, because the Bible is our only final authority in all matters of faith and practice. If we choose a bad translation, we may hamper our own spiritual development and impede the work of the Holy Spirit in illuminating the Scriptures to us. The choice of a Bible translation is, then, one of the most important decisions we can make in our Christian life.

Theological Foundations

We begin with two important theological statements, and these are the foundation for choosing a Bible translation. First, we believe in verbal plenary inspiration (**Luke 16:17^L**, **2 Timothy 3:16-17^L**). What this means is that we believe the Bible originates with God, and comes from God. To say the Bible is inspired is to say it is God speaking. To say there is verbal plenary inspiration is to say the entire Bible, down to the very word, is inspired. God did not merely inspire ideas or concepts, but the actual words used to convey those ideas and concepts. God so worked through human authors that every single word recorded in all of Scripture is exactly the word God intended it to be. Because the Bible is God's Word, and God cannot lie (**Titus 1:2^L**, **Hebrews 6:18^L**), we also hold that the Bible is without error *in its original writing*, when properly understood.

Part 2 Next week, Translation Philosophy, Manuscript Tradition and Choosing a Translation